



F·E·M·ELTERNAMBULANZ in clinic Ottakring

In collaboration with the Department of Gynecology and Obstetrics
1160 Wien, Montleartstraße 37
Pav. 20, right entrance, 1. floor

You can reach us by taking the following lines: U3, 10, 46, 48A

We are available for you

Monday – Thursday: 08:30 – 12:30 o'clock at the following number

01/491 50-4277, 0650/546 30 66

kfl.fem@gesundheitsverbund.at

www.fem.at

Further information is also available at FEM Women's Health Center
(01/277 00-5600) as well as at the pregnancy outpatient clinic at
clinic Ottakring.

Appointments:



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Support
during pregnancy,
birth, and parenting



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FEM-ELTERNAMBULANZ

Support during pregnancy, childbirth, and parenting

Pregnancy, childbirth, and parenting bring many changes and place high demands on you as a (soon-to-be) mother in various areas of life. This can be very challenging. You may be feeling exhausted or going through a difficult time right now.

We are here for you!

Are you feeling anxious during your pregnancy?

Are you feeling sad after childbirth?

Do you have any questions during the first period with your baby?

Are you experiencing an unplanned pregnancy?

Are you experiencing conflicts in your relationship or family?

Are you feeling overwhelmed with the baby?

Do you wish to have a child?

Are you struggling with guilt or feeling isolated?

At the **ELTERNAMBULANZ** we offer:

- Informationen
- Psychological Counseling
- Crisis Interventions

All of our services are:

Free of charge

Available in many languages:
German, Turkish, Polish, Arabic,
Ukrainian, Russian,
Bosnian/Croatian/Serbian,
English, ...

Accessible without an E-Card

Available in person,
by phone, or online

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